

ALL INDIA INSTITUTE OF MEDICAL SCIENCES

Amsari Nagar, New Delhi - 110029

No.F-61/Swife Flu/2015-Estt. (H)

Dated: 14.02.2015

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A letter dated 12.02.2015 received from Dr. Lalit Dar, Professor, Deptt. of Microbiology, AIIMS duly forwarded by Prof. & Head, Deptt. of Microbiology, AIIMS is endorsed herewith to Chief(s) of all Centre, Head(s) of all Clinical Departments/Units, Prof. I/c Computer Facility, All Faculty of Hospital Admn. & CMO Incharge EHS, for information & necessary action.

(DR. D.K. SHARMA)  
MEDICAL SUPERINTENDENT

C.C.: Director, AIIMS - for information.  
Head, Deptt. of Microbiology, AIIMS.

12 February 2015

The Medical Superintendent,  
AIIMS

Subject: Criteria for influenza testing as per Govt. of India guidelines

अनु बा० आ० सं० अस्पताल  
A. : : : Hospital  
F : : : : :  
M : : : : : Office  
E 57  
R 1/2/15  
Date

Dear Sir,

As per the Ministry of Health and Family Welfare GOI guidelines (attached), testing for influenza is only to be advised and carried out for category C patients who are admitted at AIIMS (with a valid CR number, details of referring unit and bed/ room no.) with high grade fever with severe sore throat and in addition one or more of the following: breathlessness, chest pain, drowsiness, hemoptysis, hypotension, irritability and refusal to accept feed in children.

You are requested to kindly get this information disseminated widely in the hospital, particularly to EHS, and the departments of Medicine, Paediatrics, Emergency Medicine, Geriatrics and Pulmonary Medicine to ensure samples are collected only from patients compatible with the above mentioned signs and symptoms, and to avoid unnecessary testing.

Thanking you,

Yours sincerely,

*P.S. (C) put a website under Notice*

FER

*Yr. Secy*  
12-2-15

Dr. Lalit Dar, M.D.  
Professor  
Deptt. of Microbiology  
All India Institute of Medical Sciences  
(Dr. Lalit Dar) New Delhi-110029  
Professor, Department of Microbiology, AIIMS

*Respected*

*Encl: 2 pages (from Ministry of Health & Family Welfare)*

Dr. J.C. SAMANTARAY  
Prof. & Head  
Department of Microbiology  
All India Institute of Medical Science  
Ansari Nagar, New Delhi-110029

Ministry of Health & Family Welfare  
Pandemic Influenza A (H1N1)

Guidelines on categorization of Influenza A H1N1 cases during  
screening for home isolation, testing treatment, and hospitalization  
(Revised on 05.10.09)

In order to prevent and contain outbreak of Influenza-A H1N1 virus for screening, testing and isolation following guidelines are to be followed:

At first all individuals seeking consultations for flu like symptoms should be screened at healthcare facilities both Government and private or examined by a doctor and these will be categorized as under:

Category- A

- Patients with mild fever plus cough / sore throat with or without body ache, headache, diarrhoea and vomiting will be categorized as Category-A. They do not require Oseltamivir and should be treated for the symptoms mentioned above. The patients should be monitored for their progress and reassessed at 24 to 48 hours by the doctor.
- No testing of the patient for H1N1 is required.
- Patients should confine themselves at home and avoid mixing up with public and high risk members in the family.

Category-B

- (i) In addition to all the signs and symptoms mentioned under Category-A, if the patient has high grade fever and severe sore throat, may require home isolation and Oseltamivir;
- (ii) In addition to all the signs and symptoms mentioned under Category-A, individuals having one or more of the following high risk conditions shall be treated with Oseltamivir:
  - Children with mild illness but with predisposing risk factors.
  - Pregnant women;
  - Persons aged 65 years or older;
  - Patients with lung diseases, heart disease, liver disease,

kidney disease, blood disorders, diabetes, neurological disorders, cancer and HIV/AIDS;

- Patients on long term cortisone therapy.
- No tests for H1N1 is required for Category-B (i) and (ii).
- All patients of Category-B (i) and (ii) should confine themselves at home and avoid mixing with public and high risk members in the family.

### Category-C

In addition to the above signs and symptoms of Category-A and B, if the patient has one or more of the following:

- Breathlessness, chest pain, drowsiness, fall in blood pressure, sputum mixed with blood, bluish discolouration of nails;
- Children with influenza like illness who had a severe disease as manifested by the red flag signs (Somnolence, high and persistent fever, inability to feed well, convulsions, shortness of breath, difficulty in breathing, etc).
- Worsening of underlying chronic conditions.

All these patients mentioned above in Category-C require testing, immediate hospitalization and treatment.