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Dr Arunmozhimaran Elavarasi did her MBBS from Tuticorin Government Medical College, The Tamilnadu Dr MGR Medical University. She received the Best Outgoing Student Award and 14 University Medals and was the Topper of the University in 2010. Subsequently she did her MD Medicine (2011-13) at AIIMS, New Delhi and worked as Senior Resident in the Department of Medicine, AIIMS, New Delhi in 2014. She completed her DM in Neurology from AIIMS New Delhi (2015-2017). After acquiring her Neurology qualification, she has worked as Assistant Professor in Neurology in Jawaharlal Institute of Postgraduate Medical Education and Research, JIPMER Pondichery from January-December 2018. After a brief stint in National Institute of Mental Health and Neurosciences (NIMHANS, Bangalore) as Faculty (March 2019-October 2019), she joined as Assistant professor in the Department of Neurology at AIIMS, New Delhi in October 2019.

#### **Areas of interest**

Neuroimmunology, Movement disorders, Stroke, Headache, Infectious diseases, Neurology of Systemic Diseases, Clinical Epidemiology and Research Methodology

#### **Speciality clinics**

Movement disorders clinic; Botox clinic; Stroke clinic; Neuroimmunology clinic

#### **Profesional membership**

Indian Academy of Neurology  
Indian stroke association  
Movement disorders society of India  
Delhi Neurology Association  
American Academy of Neurology  
Movement disorders society, Junior Member

#### **Academic responsibilities**

Peer reviewer in 12 International and National Journals  
Assistant Editor, Annals of Indian Academy of Neurology

#### **Awards and Honours**

Elavarasi A has received various awards during her schooling including the NTSE scholarship. She topped the university in MBBS. She has presented her Research work in International forums and received Awards of

honor during her MD course. She also has received prizes and awards for presentations in conferences during DM course.

1. World Federation of Neurology Junior travelling fellowship in 2019
2. American Academy of Neurology International Scholarship in 2018
3. Award Paper in IANCON 2018
4. Winner of the MDSICON 2017 Quiz competition
5. Winner of the DNACON 2017 Quiz competition
6. Award paper in DNACON 2016
7. Winner Medicine quiz in Medicine Update 2013
8. Excellent paper award in Medicine Update 2013
9. First prize in Cardiology category in Paper presentation in APICON 2013
10. Certificate of Honour for paper presentation in Controversies to consensus in Obesity, Diabetes and hypertension in Shanghai, China in May 2013
11. Distinction in Anatomy, Physiology, Biochemistry, Pathology, Pharmacology, Forensic medicine, Community medicine, Otorhinolaryngology, Medicine, Pediatrics, Obstetrics and Gynaecology
12. Best outgoing student in Tuticorin medical college for the year 2010
13. The Tamilnadu Dr MGR Medical University awards
  - a. Prof N Madanagopalan memorial endowment gold medal (Best performance in first to final year of MBBS)
  - b. Tmt. Rajam Govindarajulu endowment gold medal best performance in MBBS
  - c. The Dr A Sreenivasan gold medal for best performance in Third MBBS part II
  - d. Dr Rangachari silver medal for best performance in subject of medicine and surgery of MBBS
  - e. Dr TM Nair memorial silver medal best performance in Final MBBS
  - f. Honourable Diwan Bahadur V Ramabhadra Nayudu Silver medal for best performance in final year Part II MBBS
  - g. Dr JAS Masilamani silver medal for best performance in subject of Medicine in MBBS
  - h. Balfour Memorial silver medal for best performance among women candidates in subject of Medicine in MBBS
  - i. Rajah of Panagal Silver Medal for best performance in First to final MBBS
  - j. Madras University students club endowment cash prize
  - k. Dr R Govindarajulu cash prize for best performance among women candidates in subject of Medicine and Obstetrics and Gynaecology in MBBS
  - l. Lalgudi Mrs Jeeva Viswanathan cash prize for best performance in Final year Part I and II MBBS
  - m. Dr Guruswami Mudaliar cash prize for best performance in Pharmacology, Pathology and Medicine in MBBS
  - n. Horlicks Endowment cash prize for best performance in Third MBBS Part I and II in MBBS

### 3. List of Intramural and extramural projects as PI

#### A. Completed (Title/Funding agency/Durations/Starting- ending date)

Title	Funding agency	Started on	Ended on
<b>A cross-sectional study on the impact of discontinuance of elective health services and initiation of Telemedicine services due to COVID-19 pandemic on patients under follow up in Neurology OPD at a tertiary care centre</b>	AIIMS Intramural COVID grant	18.04.2020	03.07.2020

#### B. Ongoing (Title/Funding agency/Durations/Starting- ending date)

Title	Funding agency	Started on	Ended on
<b>Efficacy and safety of Cyclophosphamide in treatment of refractory proliferative arachnoiditis in Central nervous system Tuberculosis A Randomized placebo controlled Trial</b>	AllMS Intramural research grant	1.10.2020	Ongoing
<b>Evaluation of effects of repetitive rTMS at supplementary motor area (SMA) in Parkinson's disease patients with freezing of gait (FOG)- A randomized sham controlled study</b>	Indian council for medical research	1.02.2021	Ongoing

#### 4. Publications

1. **Elavarasi A**, Sagiraju HKR, Garg RK, Ratre B, Sirohiya P, Gupta N, et al. Clinical features, demography, and predictors of outcomes of SARS-CoV-2 infection at a tertiary care hospital in India: A cohort study. *Lung India*. 2022 Feb;39(1):16–26.
2. Gomathy S, **Elavarasi A**, Komakula S, Modi M, Sharma MC, Kaur K, et al. A case of multiple cranial nerve palsies. *Pract Neurol*. 2021 Dec 1;21(6):523–31. \*
3. Goyal V, **Elavarasi A**, Kumar A, Samal P, Garg A, Shukla G, et al. Cyclophosphamide therapy as an adjunct in refractory post-tubercular arachnoiditis. *Indian J Tuberc [Internet]*. 2021 May 29 [cited 2022 Jan 7]; Available from: <https://www.sciencedirect.com/science/article/pii/S0019570721001049>
4. Prasad M, Seth T, **Elavarasi A**. Efficacy and Safety of Convalescent Plasma for COVID-19: A Systematic Review and Meta-analysis. *Indian J Hematol Blood Transfus Off J Indian Soc Hematol Blood Transfus*. 2021 Mar 16;1–19. \*
5. Agarwal M, Arushi A, Dhingra LS, Patel LJ, Agrawal S, Srivastava P, et al. Patient Experience of a Neurology Tele-Follow-Up Program Initiated During the Coronavirus Disease 2019 Pandemic: A Questionnaire-Based Study. *Telemed Rep*. 2021 Feb 1;2(1):88–97. \*
6. **Elavarasi A**, Goyal V. Botulinum toxin to treat phantom limb pain. *Toxicon Off J Int Soc Toxinology*. 2021 Feb 19;195:17–9.
7. **Elavarasi A**, Kothari A. Susac's syndrome: characteristic imaging. *Pract Neurol [Internet]*. 2021 Feb 4 [cited 2021 Apr 3]; Available from: <https://pn.bmj.com/content/early/2021/02/04/practneurol-2020-002908> \*
8. Samal P, **Elavarasi A**, Padma MV, Garg A, Goyal V. Diagonistic Dyspraxia and Apraxia in NMDA Encephalitis: A Rare Etiology. *Mov Disord Clin Pract*. 2021;8(3):474–5. \*
9. **Elavarasi A**, Goyal V. Botulinum neurotoxin in the treatment of hemifacial spasm associated with myasthenia gravis. *Toxicon Off J Int Soc Toxinology*. 2021 Jan 30;190:1–2.
10. **Elavarasi A**, Parihar J, Kapoor S, Kapoor A, Stredny C, Singh MB, et al. Seizure-related injuries in inadequately treated epilepsy patients: A case-control study. *Seizure*. 2020 Dec;83:17–20.
11. **Elavarasi A**, Bhatia R, Arava S, Kumar L. Primary leptomeningeal T-cell lymphoblastic lymphoma: a rare cause of chronic meningitis. *BMJ Case Rep*. 2020 Sep 21;13(9). \*
12. **Elavarasi A**, Prasad M, Seth T, Sahoo RK, Madan K, Nischal N, et al. Chloroquine and Hydroxychloroquine for the Treatment of COVID-19: a Systematic Review and Meta-analysis. *J Gen Intern Med*. 2020 Nov;35(11):3308–14.

13. **Elavarasi A**, Sahoo RK, Seth T, Shalimar, Madan K, Nischal N, et al. Anti-interleukin-6 therapies for Covid-19: A systematic review, critical appraisal and meta-analysis. *Natl Med J India* [Internet]. 2001 [cited 2021 Mar 15]; Available from: <http://www.nmji.in/preprintarticle.asp?id=288119>
14. Prasad M, **Elavarasi A**, Madan K, Nischal N, Soneja M, Seth T, et al. Efficacy and safety of antivirals for Covid-19: A systematic review and meta-analysis. *Natl Med J India* [Internet]. 2001 [cited 2021 Mar 15]; Available from: <http://www.nmji.in/preprintarticle.asp?id=296203>
15. Seth T, **Elavarasi A**, Sahoo RK, Shalimar, Madan K, Nischal N, et al. Convalescent plasma therapy for Covid-19: A systematic review. *Natl Med J India* [Internet]. 2001 [cited 2021 Mar 15]; Available from: <http://www.nmji.in/preprintarticle.asp?id=296202>
16. Samal P, **Elavarasi A**, Kumar A, Prabhakar A, Vishnu VY, Singh MB, et al. Intrathecal Hyaluronidase in Tubercular Arachnoiditis: The Unexplored Adjuvant. *Infect Dis Clin Pract*. 2020 Jul;28(4):230–3.
17. **Elavarasi A**, Mahadevan A, Vijayan Sobha V. CNS and PNS vasculitis: Looking beyond the obvious-A teaching exercise. *Clin Neurol Neurosurg*. 2020 May 12;195:105907. \*
18. **Elavarasi A**, Kasturi N, Mani B. Macular Star and Choroidal Tubercles: A Rare Cause of Opticospinal Syndrome. *Can J Neurol Sci J Can Sci Neurol*. 2019;46(5):625–7. \*
19. Gorimanipalli B, **Elavarasi A**, Goyal V, Goyal C, Shukla G, Behari M. Sustained effect of repeated botulinum toxin type A injections in trigeminal neuralgia. *Neurol Clin Neurosci*. 2019;7(6):318–21.
20. **Elavarasi A**, George J, Sharma MC, Kumari K, Garg A, Pandit AK, et al. Multiple Neurologic Deficits and Cognitive Decline in a Young Woman. *Ann Indian Acad Neurol*. 2019 Dec;22(4):506–12.
21. **Elavarasi A**, Goyal V, Singh M, Srivastava P. Is triamcinolone an easy and efficient way to treat meralgia parasthetica? A cohort study. *Ann Indian Acad Neurol* [Internet]. 2019 Mar 11 [cited 2019 Mar 11]; Available from: <http://www.annalsofian.org/preprintarticle.asp?id=249740;type=0>
22. Goyal V, **Elavarasi A**, Abhishek null, Shukla G, Behari M. Practice Trends in Treating Central Nervous System Tuberculosis and Outcomes at a Tertiary Care Hospital: A Cohort Study of 244 Cases. *Ann Indian Acad Neurol*. 2019 Mar;22(1):37–46.
23. **Elavarasi A**, Haq TM, Thahira T, Bineesh C, Kancharla LB. Mobile Phone-Induced Vertebral Artery Dissection. *Ann Indian Acad Neurol*. 2019 Sep;22(3):349–50. \*
24. Naik RD, Gupta K, Soneja M, **Elavarasi A**, Sreenivas V, Sinha S. Sleep Quality and Quantity in Intensive Care Unit Patients: A Cross-sectional Study. *Indian J Crit Care Med Peer-Rev Off Publ Indian Soc Crit Care Med*. 2018 Jun;22(6):408–14.
25. Sharma SK, Katoch VM, Mohan A, Kadiravan T, **Elavarasi A**, Ragesh R, et al. Consensus & evidence-based INOSA Guidelines 2014 (first edition). *Indian J Med Res*. 2014 Sep;140(3):451–68.

#### **B. List of all publications (year wise)**

1. **Elavarasi A**, Sagiraju HKR, Garg RK, Ratre B, Sirohiya P, Gupta N, et al. Clinical features, demography, and predictors of outcomes of SARS-CoV-2 infection at a tertiary care hospital in India: A cohort study. *Lung India*. 2022 Feb;39(1):16–26.
2. Gomathy S, **Elavarasi A**, Komakula S, Modi M, Sharma MC, Kaur K, et al. A case of multiple cranial nerve palsies. *Pract Neurol*. 2021 Dec 1;21(6):523–31. \*
3. **Elavarasi A**, Jain N, Rajeshwari M. Sarcoidosis: A rare cause of thyroiditis. *Lung India Off Organ Indian Chest Soc*. 2021 Oct;38(5):494–6. \*

4. Patel L, **Elavarasi A**, Garg A, Nambirajan A. Cerebellar progressive multifocal leukoencephalopathy associated with pulmonary sarcoidosis. *BMJ Case Rep*. 2021 Sep 27;14(9):e245271. \*
5. **Elavarasi A**, Srivastava VP, Garg A. COVID-19-Related Multifocal Demyelinating Neuropathy: Causation or Association. *Cureus*. 2021 Sep;13(9):e17770. \*
6. Sirohiya P, **Elavarasi A**, Sagiraju HKR, Baruah M, Gupta N, Garg RK, et al. Silent Hypoxia in Coronavirus disease-2019: Is it more dangerous?-A retrospective cohort study [Internet]. 2021 Aug [cited 2021 Nov 5] p. 2021.08.26.21262668. Available from: <https://www.medrxiv.org/content/10.1101/2021.08.26.21262668v1>
7. Sagiraju HKR, **Elavarasi A**, Gupta N, Garg RK, Paul SS, Vig S, et al. The effectiveness of SARS-CoV-2 vaccination in preventing severe illness and death – real-world data from a cohort of patients hospitalized with COVID-19 [Internet]. 2021 Aug [cited 2021 Nov 5] p. 2021.08.26.21262705. Available from: <https://www.medrxiv.org/content/10.1101/2021.08.26.21262705v1>
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18. **Elavarasi A**, Bhatia R, Arava S, Kumar L. Primary leptomeningeal T-cell lymphoblastic lymphoma: a rare cause of chronic meningitis. *BMJ Case Rep*. 2020 Sep 21;13(9). \*

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20. Prasad M, **Elavarasi A**, Madan K, Nischal N, Soneja M, Seth T, et al. Efficacy and safety of antivirals for Covid-19: A systematic review and meta-analysis. *Natl Med J India* [Internet]. 2001 [cited 2021 Mar 15]; Available from: <http://www.nmji.in/preprintarticle.asp?id=296203>
21. Seth T, **Elavarasi A**, Sahoo RK, Shalimar, Madan K, Nischal N, et al. Convalescent plasma therapy for Covid-19: A systematic review. *Natl Med J India* [Internet]. 2001 [cited 2021 Mar 15]; Available from: <http://www.nmji.in/preprintarticle.asp?id=296202>
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23. **Elavarasi A**, Goyal V. Hydroxychloroquine and myasthenia gravis-can one take this risk? *Ann Indian Acad Neurol*. 2020 May 1;23(3):360.
24. **Elavarasi A**, Mahadevan A, Vijayan Sobha V. CNS and PNS vasculitis: Looking beyond the obvious-A teaching exercise. *Clin Neurol Neurosurg*. 2020 May 12;195:105907. \*
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28. **Elavarasi A**, Goyal V. Jumping stump: look before you label. *BMJ Case Rep*. 2019 Apr 29;12(4).
29. **Elavarasi A**, Goyal V. Reversible uraemic encephalopathy. *BMJ Case Rep*. 2019 Apr 20;12(4).
30. **Elavarasi A**, Dash D, Warriar AR, Jain D. Leptomeningeal leukaemia misdiagnosed as tubercular meningitis. *BMJ Case Rep*. 2019 Mar 5;12(3).
31. **Elavarasi A**, Goyal V, Singh M, Srivastava P. Is triamcinolone an easy and efficient way to treat meralgia paresthetica? A cohort study. *Ann Indian Acad Neurol* [Internet]. 2019 Mar 11 [cited 2019 Mar 11]; Available from: <http://www.annalsofian.org/preprintarticle.asp?id=249740;type=0>
32. **Elavarasi A**, Dash D, Singh P, Tripathi M. High-pressure normocephalus-raised intracranial pressure with false localizing signs. *Ann Indian Acad Neurology* [Internet]. 2019 Mar 11 [cited 2019 Mar 11]; Available from: <http://www.annalsofian.org/preprintarticle.asp?id=249739;type=0>
33. Goyal V, **Elavarasi A**, Abhishek null, Shukla G, Behari M. Practice Trends in Treating Central Nervous System Tuberculosis and Outcomes at a Tertiary Care Hospital: A Cohort Study of 244 Cases. *Ann Indian Acad Neurol*. 2019 Mar;22(1):37–46.
34. **Elavarasi A**, Goyal V, Samal P. Dancing Scapula: The Missed Movement. *Ann Indian Acad Neurol*. 2019 Jun;22(2):218–9.
35. **Elavarasi A**, Haq TM, Thahira T, Bineesh C, Kancharla LB. Acute Ischemic Stroke Due to Multiple Bee Stings\_A Delayed Complication. *Ann Indian Acad Neurol*. 2020 Feb;23(1):135–6. \*
36. **Elavarasi A**, Haq TM, Thahira T, Bineesh C, Kancharla LB. Mobile Phone-Induced Vertebral Artery Dissection. *Ann Indian Acad Neurol*. 2019 Sep;22(3):349–50. \*

37. **Elavarasi A**, Mani B. Vertical Diplopia: Skew Deviation and Medullary Lesion. *Ann Indian Acad Neurol*. 2019 Dec;22(4):490. \*
38. **Elavarasi A**, Goyal V. Brainstem tuberculoma: A delayed IRIS. *Indian J Tuberc* [Internet]. 2018 Dec 3 [cited 2019 Mar 11]; Available from: <http://www.sciencedirect.com/science/article/pii/S0019570718303688>
39. **Elavarasi A**, Singh MB, Srivastava P, Goyal V. Neuropsychiatric Lupus: The Devil is in the Detail. *Ann Indian Acad Neurol*. 2019 Jun;22(2):253–5.
40. **Elavarasi AM**, Singh A, Goyal V. Retrograde migration and expulsion of ventriculoperitoneal shunt from the neck. *Natl Med J India*. 2018 Dec;31(6):375.
41. Narayan SK, **Elavarasi A**. Endovascular Interventional Management of Cerebral Venous Sinus Thrombosis. *J Stroke Med*. 2018 Jun 1;1(1):28–33.
42. **Elavarasi A**, Vishnu VY, Srivastava MVP, Goyal V, Singh MB, Khanna G, et al. Polymyositis with too Many Associations: A Paraneoplastic Syndrome. *Ann Indian Acad Neurol*. 2018 Dec;21(4):331–4.
43. Naik RD, Gupta K, Soneja M, **Elavarasi A**, Sreenivas V, Sinha S. Sleep Quality and Quantity in Intensive Care Unit Patients: A Cross-sectional Study. *Indian J Crit Care Med Peer-Rev Off Publ Indian Soc Crit Care Med*. 2018 Jun;22(6):408–14.
44. **Elavarasi A**, Goyal V, Vishnu V, Singh MB, Srivastava P. Chronic Inflammatory Demyelinating Polyneuropathy: A Case Series. *Indian J Pediatr*. 2018;85(9):790–1.
45. **Elavarasi A**, Dash D, Warriar AR, Bhatia R, Kumar L, Jain D, et al. Spinal cord involvement in primary CNS lymphoma. *J Clin Neurosci Off J Neurosurg Soc Australas*. 2018 Jan;47:145–8.
46. **Elavarasi A**, Dash D, Tripathi M, Bhatia R. Cerebellar ataxia and neuropathy as presenting features of hepatitis-B related cirrhosis and portal hypertension. *BMJ Case Rep*. 2017 Oct 19;2017.
47. Sharma SK, Katoch VM, Mohan A, Kadhiraavan T, **Elavarasi A**, Ragesh R, et al. Consensus and evidence-based Indian initiative on obstructive sleep apnea guidelines 2014 (first edition). *Lung India Off Organ Indian Chest Soc*. 2015 Aug;32(4):422–34.
48. Sharma SK, Katoch VM, Mohan A, Kadhiraavan T, **Elavarasi A**, Ragesh R, et al. Consensus & Evidence-based INOSA Guidelines 2014 (First edition). *Indian J Chest Dis Allied Sci*. 2015 Mar;57(1):48–64.
49. Sharma SK, Katoch VM, Mohan A, Kadhiraavan T, **Elavarasi A**, Ragesh R, et al. Consensus & evidence-based INOSA Guidelines 2014 (first edition). *Indian J Med Res*. 2014 Sep;140(3):451–68.

### Book chapters

1. **Elavarasi A**, Goyal V. Approach to Myoclonus. *IAN Reviews*
2. **Elavarasi A**, Garg A, Padma Srivastava MV. Initial assessment and localization of stroke. *Stroke* edited by Vinay Goyal
3. **Elavarasi A**. Central Nervous system infections edited by Lakshmi Narasimhan
4. **Elavarasi A**, Goyal V. Role of botulinum toxin in drug refractory trigeminal neuralgia *Trigeminal Neuralgia*: Edited by Girija Rath; <https://rd.springer.com/book/10.1007/978-981-13-2333-1> Pages 195-200
5. **Elavarasi A**, Bhatia R., Singh M.B. (2019) Chronic Meningitis. In: Singh M., Bhatia R. (eds) *Emergencies in Neurology*. Springer, Singapore. [https://doi.org/10.1007/978-981-13-5866-1\\_16](https://doi.org/10.1007/978-981-13-5866-1_16) Pages 325-335
6. **Elavarasi A**, Goyal V. Palliative care in Parkinson's Diseases Edited by Nishkarsh Gupta (Accepted; In Press)

7. **Elavarasi A**, Goyal V. Trigeminal Neuralgia: Treatment outcomes and Prognosis in Trigeminal Neuralgia, Nova Publishers Edited by Sujith Ovalath <https://novapublishers.com/shop/textbook-of-trigeminal-neuralgia/> ISBN: 978-1-53618-130-2 Pages 217-236
8. Ramavath Devendra Naik, Eugene Wesley Ely, **Elavarasi A**, Chapter-009 Sedoanalgesia and Delirium In book: Textbook of Critical Care: Including Trauma and Emergency Care 2016 DOI: 10.5005/jp/books/12700\_10

## **5. Public Education**

**Annual Parkinson's disease public Awareness Program –April 2021**

## **6. Events**

## **7. PHD alumni/ongoing**