



On the occasion of World Mental Health Day  
All India Institute of Medical Sciences, New Delhi  
presents

## **PUBLIC LECTURE & PANEL DISCUSSION**

(in Hindi & English)

on

# **Mental Health at Work Place**

## **Welcome & Introduction**

Dr. Randeep Guleria

## **Moderator**

Dr. Rajesh Sagar

## **Speaker & Panelists**

Dr. Nand Kumar, Dr. Sonali Jhanjee, Dr. Aarti Vij, Dr. Gautam Sharma  
Dr. S.K. Singh (MoHFW), Dr. Rachna Bhargava, Dr. Sandhya Gupta

- What is Mental Health?
- Mental health & work
- Stress and mental health
- Common mental health problems
- Promotion & Prevention
- Management

Date : 10.10.2017 (Tuesday)

Time : 4:00 PM to 5:00 PM

Venue : Jawaharlal Auditorium, AIIMS

**All are cordially invited**

**ENTRY FREE** (Please take your seat by 3:45 PM)

Please join us for tea after the lecture

**Parking available at Multi Level Underground Parking  
(Near AIIMS, Masjid Moth Campus)**

For details please contact : Media & Protocol Division, AIIMS  
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