



On the occasion of World Heart Day

All India Institute of Medical Sciences, New Delhi

presents

PUBLIC LECTURE & PANEL DISCUSSION

(in Hindi & English)

on

Eat Healthy to Save Heart

Speakers & Panelists

Dr. Randeep Guleria

Dr. SS Kothari, Dr. Balram Bhargava

Dr. Nikhil Tandon, Dr. D Prabhakaran, Dr. Sundeep Mishra

- Fat and Cholesterol Abnormalities (Dyslipidemia) and Heart Diseases
- Food and Life-style Diseases (Heart, Diabetes, Cancer)
- Healthy Indian Cooking Habits
- Which is the Best Cooking Oil for Indians
- All About Healthy Foods – Nuts, Salads, Probiotics, Protein Supplements

Date : 29.09.2017 (Friday)

Time : 4:00 PM to 5:00 PM

Venue : Jawaharlal Auditorium, AIIMS

All are cordially invited

ENTRY FREE (Please take your seat by 3:45 PM)

Please join us for tea after the lecture

**Parking available at Multi Level Underground Parking
(Near AIIMS, Masjid Moth Campus)**

For details please contact : Media & Protocol Division, AIIMS
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