

Department of Physiology is conducting a Workshop :

Name: Sleep Technology workshop

Organized by: Bladdev Singh Lab for Sleep Research, Department of Physiology, AIIMS, New Delhi

Dates: Nov 29, 30, 2016

Venue: Conference Hall

Organizing secretary: Dr Nasreen Akhtar, Assistant Professor, Department of Physiology

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# FIFTH NATIONAL SLEEP TECHNOLOGY WORKSHOP

Dr Baldev Singh Sleep Laboratory  
Dept of Physiology, AIIMS, New Delhi

November 29-30, 2016

## Day 1 November 29, 2016

<b>0830-0900</b>	Pre workshop Evaluation	Col Dr Karuna Datta
<b>0900-0910</b>	Welcome Address	Dr. K K Deepak
<b>0910-0930</b>	Sleep medicine education across the spectrum	Dr H N Mallick
<b>0930-1000</b>	Sleep Physiology in Adults	Dr V Mohan Kumar
<b>1000-1030</b>	Respiratory physiology: Basics	Dr Nasreen Akhtar
<b>1030-1115</b>	Introduction to ICSD-3	Dr. Manjari Tripathi
<b>1115-1130</b>	<b>Tea Break</b>	
<b>1130-1200</b>	Basics of Electronics in polysomnography	Dr V Mohan Kumar
<b>1200- 1300</b>	Procedures in Sleep Lab-PSG, MSLT, MWT	Dr Preeti Devnani
<b>1400-1430</b>	Evaluation of a patient in sleep OPD	Dr Garima Shukla
<b>1430-1500</b>	Introduction to Sleep waveforms	Dr Preeti Devnani
<b>1500-1530</b>	Artifact recognition and troubleshooting	Dr Karuna Datta
<b>1545-1630</b>	AASM Rules for Sleep Staging in Adults	Dr. Tripat Deep Singh
<b>1630-1700</b>	AASM Rules for Respiratory events in adults	Dr Apar Jindal
<b>1700-1730</b>	Group Activities	Dr Karuna and Dr Tripat
<b>1800-2200</b>	Hook up and sleep recording	Pankaj Arora

## Day 2 November 30, 2016

<b>0900-1000</b>	Sleep apnea: Diagnostic criteria and treatment	Dr Deepak Shrivastava
	AASM Rules for Cardiac events	Dr Karuna Datta
<b>0945-1030am</b>	AASM rules for Movement events in Adults and Children	Dr Garima Shukla
<b>1030-1100</b>	Reporting a sleep study	Dr Deepak Shrivastava
<b>1100-1130</b>	Basics of PAP therapy	Dr. Tripat Deep Singh
<b>1130 -1145</b>	<b>Tea Break</b>	
<b>1145-1245</b>	Manual Titration of CPAP/BiPAP/O2 with real case demonstration	Dr. Tripat Deep Singh
<b>1245-1330</b>	NIV Titration for Stable chronic hypoventilation patients	Dr Deepak Shrivastava
<b>1330-1430</b>	<b>LUNCH</b>	
<b>1430-1500</b>	Choosing the right mask for OSA patients	Dr. Tripat Deep Singh
<b>1500-1600</b>	Interpretation of Diagnostic and Titration Sleep report	Dr. Himender Makker
<b>1600-1700</b>	<b>Concluding session</b>	