



On the occasion of World Obesity Day  
As part of the Diamond Jubilee Celebrations  
**All India Institute of Medical Sciences, New Delhi**  
presents

## **PUBLIC LECTURE & PANEL DISCUSSION**

(in Hindi & English)

on

### **Preventing & Tackling Obesity - Diet & More**

Date : 26.10.2016 (Wednesday)

Time : 4:00 PM to 5:00 PM

Venue : Jawaharlal Auditorium, AIIMS

#### **Welcome & Introduction**

Dr. Balram Airan

#### **Speakers**

Dr. V. K. Paul, Dr. Rajiv Narang, Dr. Alka Mohan Chutani, Dr. Parmeet Kaur

#### **Panelists**

Dr. Rama Chaudhry, Dr. Sandeep Aggarwal, Dr. K.P.Kochhar, Dr. Yasdeep Gupta

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|--|---|
| ■ Magnitude of Obesity in India  | ■ Obesity and Heart Disease   |
| ■ Reasons for rising trend of Obesity                                    | ■ Dietary Guidelines for Indians  |
| ■ Issues in Childhood Obesity  | ■ Management of Diabetes  |
| ■ Healthy Eating & Prevention &<br>Control of lifestyle related Diseases | ■ Infancy, Childhood, Adolescence,<br>Adult Men & Women & Elderly Nutrition |

All are cordially invited

**ENTRY FREE** ( Please take your seat by 3:45 PM)

**Please join us for tea after the lecture**

Parking available at Multi Level Underground Parking  
(Near AIIMS, Masjid Moth Campus)

For details please contact : Media & Protocol Division, AIIMS

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